

Activity Planner – August 2025



Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 Yorkshire Day Yorkshire pudding cooking and dialect fun	2 Movie Day Classic British Films with popcorn	3 Family Visit Open visit with afternoon Tea
4 Sing-Along Popular Songs from the 50s and 60s	5 Watermelon Day Fresh Watermelon slices and hydration talk	6 Summer Carnival Colourful decorations, surprise notes and candy gifts	7 Garden Day Spend time tending to plants and flowers	8 Int. Cat Day Cat Videos and Feline themed crafts	9 Joke Sharing Light hearted jokes and laughter therapy	10 Gentle Yoga Chair based movement and stretches
11 Ice Cream Day Make your own Ice Cream Sundae Bar	12 Int. Youth Day Share life advice with younger generations	13 Wellness Talk Tips for mental and physical wellness	14 Fish and Chips Traditional British Lunch	15 Relaxation Day Meditation and Aromatherapy	16 Reading Club Short stories and poetry	17 Cooking Day Simple recipe cooking session
18 Reminiscence Day Sharing childhood memories	19 World Humanitarian Day Charity fundraising activities	20 Nature Walk Garden walk and bird watching	21 Senior Citizens Day Special celebration honoring all Residents	22 Tooth Fairy Day Dental Health Talk and sweet treats	23 Quiz Time General knowledge quiz and prizes	24 Sunday Roast Traditional Sunday Lunch
25 Bank Holiday Fun Games and Picnic	26 Int. Dog Day Dog therapy visit and Dog show videos	27 Photography Day Professional Photos and memory photo albums	28 Antiques Day Residents share treasured possessions and stories	29 Summer Games Adapted Sports Day and Prizes	30 Craft Workshop Making decorations for rooms	31 Overdose Awareness Day Health awareness with positive activities